

A photograph of two men sitting on chairs in a bright room with large windows. The man on the left, wearing a light blue button-down shirt, has his hand on the shoulder of the man on the right, who is wearing a green long-sleeved shirt and looking down. The background shows greenery outside the windows.

LAST DCSR

RECOVERY CENTRE

Last Door Recovery Centre Comprehensive Recovery Programs

Specialized programs for Adults, Youth, and Workplace Solutions
Addressing drug, alcohol, gambling, nicotine, and prescription drug issues

40 Years of Excellence in Recovery

Our Key Programs

For over 35 years, Last Door has been serving individuals and families across Canada from our vibrant recovery community in New Westminster, BC. Our integrated approach combines medical expertise with experiential learning in both urban and rural therapeutic environments.

Adult Treatment Program (19+)

Comprehensive addiction recovery for men:

- Private medical detox available
- Treatment for co-occurring disorders
- Community-based social model
- Peer-oriented recovery experience

Youth Treatment Program (14-18)

Specialized long-term support for youth:

- Mental health assessments
- Educational opportunities
- Experience-based learning
- Positive socialization focus

45-Day Return to Work

Rapid intake within 24 hours:

- Medication management
- Recovery capital assessments
- 6-day weekly group work
- Individual counseling

Medical Detox Program

Professional withdrawal management:

- ASAM/CSAM certified specialists
- Nursing supervision
- Recovery coaching
- Leading-edge nicotine program

Family Enhancement

No-cost family support services:

- 4-day family retreats
- Parents & partners groups
- Family suites for visits
- Couple's counseling

Recovery Capital Building

Evidence-based approach focusing on:

- Human & Physical Capital
- Social & Cultural Capital
- Community Integration
- Sustainable Recovery

Recovery Coaching

CCRC certified coaches providing support:

- Create personalized recovery plans
- Develop recovery pathways
- Provide emotional support
- Help achieve recovery goals
- Ensure accountability

Continuing Care

Comprehensive post-treatment support:

- Transitional living options
- Return-to-work/school support
- Lifetime alumni access
- Community engagement
- Regular support groups

Building Lasting Recovery

Recovery Capital: The Foundation of Change

Recovery Capital encompasses the total internal and external resources available to initiate and sustain recovery. Our pioneering approach measures and builds these essential elements:

Internal Resources

- Human Capital (Skills & Health)
- Physical Capital (Housing & Employment)
- Personal Recovery Goals
- Educational Development

External Resources

- Social Capital (Support Networks)
- Cultural Capital (Values & Beliefs)
- Community Connections
- Recovery Environment

Comprehensive Treatment Approach

Our integrated program addresses multiple aspects of recovery:

Clinical Support

- Mental health assessments
- Co-occurring disorder treatment
- Individual counseling
- Group therapy sessions

Holistic Care

- Balanced nutrition program
- Recreational activities
- Wilderness therapy
- Life skills development

Family Healing Journey

Our family program helps rebuild relationships through:

- 40-acre Keystone Family Enhancement Retreat
- Family education programs
- Weekly support groups for loved ones
- Structured accountability building

Your Journey to Recovery Starts Here

Canada's Leading Recovery Community

From Vancouver to Toronto, Calgary to Halifax, we serve individuals and families across Canada. Our New Westminster location, known as "New West Recovery," provides a foundation for lasting change through community connection and evidence-based care.

Excellence in Care

Licensed and accredited programs delivered by certified professionals in both urban and rural therapeutic settings.

Proven Results

Over 35 years of success helping individuals and families recover, with ongoing support through our nationwide network.

Seamless Support

From Vancouver airport pickup to aftercare planning, we ensure a smooth transition into and through recovery.

Take the First Step Today

Free Consultations

7am - 7pm, 7 Days a Week

Speak with Jimmy, Nash, Colin, or Connor in
Admissions

1-855-971-0486

www.lastdoor.org

"At Last Door I was given the professional help I needed. I became part of a Recovery Community, and learned skills to maintain my recovery. Today I'm clean, productive, and part of a nationwide recovery network!"

- Alumni Member