

final thoughts...

2009 brought us an updated website, please be sure to visit us online and view our media page full of videos and news clippings. www.lastdoor.org



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ANNUAL NEWSLETTER

Last chance for you to buy your tickets!

WIN AN \$80,000 PIMPED OUT H1 HUMMER!

Proceeds to Last Door Recovery Society, a non profit drug and alcohol treatment centre for males ages 14 and older.

Draw Date: **December 23rd, 09**
Only **14,250 tickets printed!**



Contact us

Last Door Recovery Society

Last Door Adult Program
323 8th Street
New Westminster, BC
V3M 3R3
T: 604-525-9771
F: 604-525-3896
E: adult@lastdoor.org

Last Door Youth Program
109 Ash Street
New Westminster, BC
V3M 3M2
T: 604-520-3587
F: 604-521-1889
E: youth@lastdoor.org

Last Door Family Program
327 8th Street
New Westminster, BC
V3M 3R3
T: 604-516-0060

www.lastdoor.org

LAST DOOR

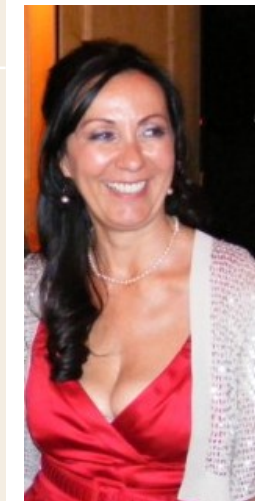
current topics >>>

Alas, all is not roses.....as you may have seen in the news there have been a couple of items that affect Last Door. One such challenge was the threat to the gaming funds that support our Family Programs.

There were some tense times but charities in the social services sector, like Last Door, are holding their own for now. We may have to call on our supporters in the future for letter writing campaigns to MLA's and municipal governments in order to secure gaming funds for all charities.

A second challenge was the cutbacks in Fraser Health -we did not come out unscathed in this round of government cutbacks. We lost the FHA portion of our daily per diem for 5 of the 20 beds that Fraser Health formerly funded. This amounts to about \$24,000 per year and is a bit of a "kick".

We certainly have faced this type of adversity before and survived so I feel pretty confident about successfully facing these new challenges.



Dear Friends and Family,

It seems just last week we were planning 2009 and now I am eating a mandarin orange while writing this...that time of year again.

The 10th Annual Door Slam was a resounding success; on the final day there was a lot of gratitude and appreciation expressed to Last Door for hosting the "best tournament" of the year. The ball players, their families and friends notice how much effort and work Last Door staff, volunteers and clients put into the event and it is appreciated.

Similarly, the Golf tournament seemed to be a lot of fun for everyone. It was my turn to feel gratitude and appreciation for volunteers, staff and clients when I went out to Swan e set for the dinner and saw people who had just volunteered the whole weekend at Door Slam putting in time and effort again! Thanks to you all.

As you know the Raffle is underway, we are looking forward to handing over the keys to the lucky winner on December 23rd...what a Christmas gift that will be. David and I attended CCNA (Cdn Convention of NA) in Calgary a couple weeks ago - we held an Alumni Group for the Albertans with many residents and alumni from here who wanted to attend. Our boyz represented us well....collectively we can be proud!

Sincerely,

Louise Cooksey

Tickets: \$20 each or 6 for \$100 **ORDER FORM** Chances are 1 in 14,250
 Please mail this form to the address below or call 1-888-525-9771, Buy online www.lastdoor.org

Amount Enclosed: \$ _____ Province: BC
 Name: _____ Postal Code: _____
 Address: _____ Telephone: _____
 City: _____ Email: _____

VISA _____
 Mastercard _____

Please make cheques and money orders payable to:
 Last Door Recovery Society
 323 8th Street, New Westminster, BC V3M 3R3

Chances are 1 in 14,250 to win a grand prize. BC Gaming Event Licence # 17629.
 Problem Gambling Help Line 1-888-795-6111 www.bcresponsiblegambling.ca Know your limit, play within it. 19+ to play!

Gratitude Corner >>>



I have always been inspired hearing the stories of alumni and staff members travelling together, making recovery fun and seeing some beautiful sights.

Every picture I looked at with groups of people that got well together at the Last Door made me smile and I really wanted to experience the feeling that they had in that moment.

This year I had the chance to travel with alumni from our Youth and Adult Program, going to Barcelona was an amazing adventure and most recently was this month when I went on a road trip from New Westminster to Calgary with Mike M. Jimmy S. and Robin A. to meet 15 alumni from Alberta to share stories of family, friendship and fun in recovery.

As we piled in the van we were wished a safe journey and given hugs and goodbyes. The ride was long but travelling with three recovering addicts with as much energy as they had; made it fun and full of laughers. We took our time, stopping for the chance to take photos and eat. I could feel the unity we had between each other from getting clean at the Last Door.



I remember walking into the Calgary room where we were all meeting, so many familiar faces sitting all together, some with their wives and kids, some with their girlfriends but everyone smiling. The energy in the room was buzzing with excitement while everyone said hi to each other and were grateful to be clean and having this time together.

I really like the feeling of being in another part of the country and feeling the energy of the Last Door carried.

Dan Sinclair
Clean Date: December 11, 2006

Last Door 2009 Christmas Wish List

Dear Santa & Friends,

The Christmas Season is upon us and Happy Holidays! Thank you for the support and interest you have shown us over the years. Last Door has been changing lives since 1984 - our family and "extended family" grows each year and helps fulfill our goal of making our communities better, one person at a time.

Last Door now has four programs - the "Little Door" (Youth), the Big Door (Adult), "Next Door" (Semi Independent Living) and Nanaimo House. Our Christmas Wish this year is to make our clients' first Christmas in recovery something to celebrate. We are asking businesses and donors to help us make the guys feel that Last Door is a home of their own, filled with love, respect laughter and safety.

Some of the items will help this holiday season are:

- Personal Items - socks, underwear, T's, hoodies, running shoes, jeans, sporting wear, alarm clocks
- Hygiene Products - razors, body wash, shaving cream, hair gel, shampoo, deodorant
- Kitchen items - coffee mugs (large), mixing & cereal bowls, utensils, pots, frying pans, electric kettles, Tupperware, cutting boards, coffeemaker, kitchen knives, glasses.
- Social & Recreational - Movie passes, Starbucks gift certificates, phone cards, snowboard rentals and hill passes, New Year's Dance tickets, baked goods, sports equipment (football, soccer, basketball), Movie Video Coupons, Canada Games Passes, Tanning Minutes certificates, Tim Hortons Cards

Some of the items needed for our facilities are:

- Client Computer (\$750)
- Living Room Chairs (\$250 each) 30 required
- Stainless Steel Commercial Cooking Pots (est. \$500)
- Commercial Laundry Machine and Dryer (est. \$4-\$5000)
- 36 sets Double bed sheets top & bottom fitted (white)
- 12 sets single bed sheets top & bottom fitted(white)
- 6 sets queen sheets top & bottom fitted (white)
- 60 pairs regular pillow cases (white)

Thank you for thinking of us this holiday season!

Chrystal Hall,
Administrative Assistant, 604-525-9771



What can Natural Medicine do for Addiction?

Last Door welcomes Dr. Cynthia Isles whose supportive work with clients is demonstrating success.

Stay tuned to our monthly newsletters for progress and read what the doctor has to say in our monthly articles.

Special thanks to our 2009 donors >>>

Remember, donating online is easy through the Canada Helps.org link found on our home page.

Your cash gift helps fund the many services Last Door provides to the recovering addict.



www.lastdoor.org



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Al Fournier
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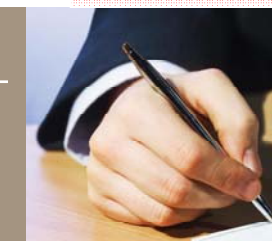
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Turning Point Recovery Society
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Valerie Hodgson
Vancity
VIP Golf Inc
WE Insurance
Wendy Stanyon
Werner Properties
West 49
Westminster House
William Davies & Sons Ltd

Things you should know >>>

Q: Does Last Door offer Planned Giving?
A: Yes!

Planned gifts are generally funded from accumulated resources or assets, rather than income. The Last Door Recovery Society can arrange several means of giving which will allow you to make a gift in the future but receive the tax benefits immediately. Planned Giving makes a statement about the things that are important to you.



Last Door Memoir Book

Our first book of memoirs will feature life stories from people affected by Last Door. Do you have a letter or wish to write a letter you would like to have considered published?

If yes what kinds of letters? step 9 letters, letter to yourself, last 90 days letters, mother's day letters, father's day letters, gratitude letters, family letters.

Call 604-525-9771 to submit your letter. Thankyou!



Join our facebook group and stay connected with friends!

Over 500 members interact while alumni stay in touch with each other. Thanks to everyone's input on the group's discussion board; you keep the page active. Just think 5 years from now how interactive this page will be.